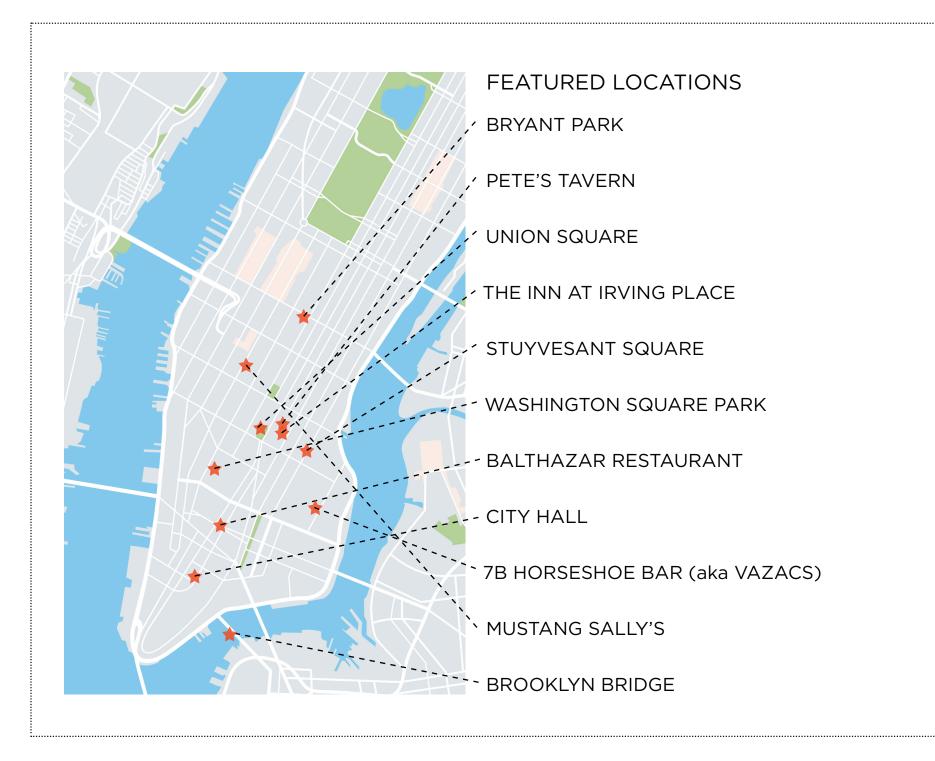


Girls' Night In Kit



PLAYLIST

- 1. "Thank You"—Dido
- 2. "Again"—Lenny Kravitz
- 3. "Perfect World"—Liz Phair
- 4. "Fallin""—Alicia Keys
- 5. "Ride Wit Me"-Nelly
- 6. "Angel"—Shaggy
- 7. "Hanging by a Moment"—Lifehouse
- 8. "New York, New York"—Ryan Adams
- 9. "Without You"-Dixie Chicks
- 10. "One More Day"—Diamond Rio
- 11. "Babylon"—David Gray
- 12. "The Space Between"—Dave Matthews Band
- 13. "U Remind Me"-Usher
- 14. "Yellow"—Coldplay
- 15. "Never Let You Go"—Third Eye Blind
- 16. "Whenever, Wherever"—Shakira
- 17. "Drops of Jupiter"—Train
- 18. "Independent Woman"—Destiny's Child
- 19. "Hero"—Enrique Iglesias
- 20. "I Hope You Dance"—Lee Ann Womack



FACE MASK



Ingredients

- 2 tbsp. honey
- 2 tbsp. avocado
- 2 tbsp. olive oil
- 1 mango

Method

- 1. Cut mango into small cubes and mash in a bowl.
- 2. Add the avocado, honey, and olive oil to the mango.
- 3. Mix together using a fork until smooth.
- 4. Apply to face with either your hands or a brush.
- 5. Leave on for 15-20 minutes and let it work its magic.
- 6. Rinse your face with cool water and a face cloth.

Source: www.lamodastylist.com

HAIR MASK



Ingredients

- ½ an avocado
- 1 egg
- 1 tsp. olive oil

Method

- 1. Blend ingredients together with a fork or spoon.
- 2. Apply from mid-shaft to the ends of hair.
- 3. Leave on for 20 minutes.
- 4. Rinse with shampoo.

Source: www.womenshealthmag.com

RUBY RED GIMLET



Serves 1

Ingredients

- 4 mint leaves plus extra leaves for garnish
- 2 oz. Hendrick's Gin
- 1½ oz. fresh squeezed Ruby Red Grapefruit juice
- ½ lime juiced
- ½ oz. simple syrup

Simple Syrup:

- 1 cup water
- 1 cup sugar

Method

- 1. Simple Syrup: In a small saucepan, bring sugar and water to a boil.
- 2. Simmer until sugar is dissolved, about 3 minutes.
- 3. Remove from heat and cool completely.
- 4. Keep extra in refrigerator in glass jar for up to one month.
- 5. Put 4 mint leaves in a cocktail shaker and press gently with a muddler or wooden spoon.
- 6. Add the gin, grapefruit juice, lime juice, and simple syrup to the cocktail shaker.
- 7. Fill with ice, cover and shake vigorously.
- 8. Strain to chilled glass.
- 9. Garnish with mint leaf.

Credit: thebeachhousekitchen.com

A GAME FOR YOUR BOOK CLUB

TWO TRUTHS AND A LIE

How well do you know your book group? Instruct each member to think of three statements about themselves—two must be true statements, and one must be false. Now, have each person take a turn to share their three statements—in any order—to the group. The group then votes on which one they feel is a lie, and at the end of each turn, the person who shared has to reveal which one was the lie!

TWO TRUTHS AND A DREAM WISH

This is an interesting variation of Two Truths and a Lie in which, instead of telling a lie, the player describes a wish—that is, something not true that that person wishes was true. For example, someone who has never been to Europe might say: "I often travel to Europe for vacation." This spin on the icebreaker can lead to unexpected and fascinating results, as people often share touching wishes about themselves.

Source: www.icebreakers.ws