EMILY GIFFIN
the lies that bind
Girls’ Night In Kit
FEATURED LOCATIONS

- BRYANT PARK
- PETE'S TAVERN
- UNION SQUARE
- THE INN AT IRVING PLACE
- STUYVESANT SQUARE
- WASHINGTON SQUARE PARK
- BALTHAZAR RESTAURANT
- CITY HALL
- 7B HORSESHOE BAR (aka VAZACS)
- MUSTANG SALLY'S
- BROOKLYN BRIDGE
PLAYLIST

1. “Thank You”—Dido
2. “Again”—Lenny Kravitz
3. “Perfect World”—Liz Phair
4. “Fallin’”—Alicia Keys
5. “Ride Wit Me”—Nelly
6. “Angel”—Shaggy
7. “Hanging by a Moment”—Lifehouse
8. “New York, New York”—Ryan Adams
9. “Without You”—Dixie Chicks
11. “Babylon”—David Gray
12. “The Space Between”—Dave Matthews Band
13. “U Remind Me”—Usher
14. “Yellow”—Coldplay
15. “Never Let You Go”—Third Eye Blind
16. “Whenever, Wherever”—Shakira
17. “Drops of Jupiter”—Train
18. “Independent Woman”—Destiny’s Child
19. “Hero”—Enrique Iglesias
20. “I Hope You Dance”—Lee Ann Womack
FACE MASK

Ingredients
• 2 tbsp. honey
• 2 tbsp. avocado
• 2 tbsp. olive oil
• 1 mango

Method
1. Cut mango into small cubes and mash in a bowl.
2. Add the avocado, honey, and olive oil to the mango.
3. Mix together using a fork until smooth.
4. Apply to face with either your hands or a brush.
5. Leave on for 15-20 minutes and let it work its magic.
6. Rinse your face with cool water and a face cloth.

Source: www.lamodastylist.com
HAIR MASK

Ingredients
• ½ an avocado
• 1 egg
• 1 tsp. olive oil

Method
1. Blend ingredients together with a fork or spoon.
2. Apply from mid-shaft to the ends of hair.
3. Leave on for 20 minutes.
4. Rinse with shampoo.

Source: www.womenshealthmag.com
RUBY RED GIMLET

Serves 1

Ingredients
• 4 mint leaves plus extra leaves for garnish
• 2 oz. Hendrick’s Gin
• 1½ oz. fresh squeezed Ruby Red Grapefruit juice
• ½ lime juiced
• ½ oz. simple syrup

Simple Syrup:
• 1 cup water
• 1 cup sugar

Method
1. Simple Syrup: In a small saucepan, bring sugar and water to a boil.
2. Simmer until sugar is dissolved, about 3 minutes.
3. Remove from heat and cool completely.
4. Keep extra in refrigerator in glass jar for up to one month.
5. Put 4 mint leaves in a cocktail shaker and press gently with a muddler or wooden spoon.
6. Add the gin, grapefruit juice, lime juice, and simple syrup to the cocktail shaker.
7. Fill with ice, cover and shake vigorously.
8. Strain to chilled glass.

Credit: thebeachhousekitchen.com
A GAME FOR YOUR BOOK CLUB

TWO TRUTHS AND A LIE
How well do you know your book group? Instruct each member to think of three statements about themselves—two must be true statements, and one must be false. Now, have each person take a turn to share their three statements—in any order—to the group. The group then votes on which one they feel is a lie, and at the end of each turn, the person who shared has to reveal which one was the lie!

TWO TRUTHS AND A DREAM WISH
This is an interesting variation of Two Truths and a Lie in which, instead of telling a lie, the player describes a wish—that is, something not true that that person wishes was true. For example, someone who has never been to Europe might say: “I often travel to Europe for vacation.” This spin on the icebreaker can lead to unexpected and fascinating results, as people often share touching wishes about themselves.

Source: www.icebreakers.ws