1. *We Play Ourselves* explores the idea that we play a version of ourselves depending on who we are interacting with. Do you find yourself doing that sometimes at work, or with friends or family?

2. Discuss the parallels of Cass’s life in L.A. and the lives of the girls in the fight club.

3. How are gender bias and contemporary girlhood explored through the lens of the fight club?

4. What examples of rage—both expressed or repressed—stood out for you in the book? Cass experiences a broad range of feelings toward Tara-Jean Slater across the span of the novel. Discuss the evolution of their relationship.

5. What are the parallels between Hélène and Cass’s relationship, and B.B. and Cass’s relationship?

6. Hélène tells Cass, “Nobody is ever gonna be as happy as you are about the good things that happen, but everybody is gonna show up to watch when the shit goes down.” Do you agree or disagree?

7. How does *We Play Ourselves* demonstrate the lengths people will go for success?

8. As Silverman writes, “America loves a comeback story.” Discuss where Cass ends up at the end of the novel. Did Cass get her comeback story? Why or why not?