1. *All the Days of Summer* explores a number of themes, including family, romantic relationships, and what it means to live a fulfilling life. Which theme resonated the most deeply with you, and why?

2. The narration of *All the Days of Summer* alternates between Heather and Kailee’s perspectives throughout the novel. How did this decision from the author impact your experience reading the story? Did it influence your feelings on the characters?

3. Discuss the conflict between Heather and Kailee. Why do you think they had such an adversarial relationship for so long? Have you ever been in a similar situation? How did you get past the conflict?

4. Though Heather and Kailee are in different stages of life, both are entering new stages of life during the course of *All the Days of Summer*. What parallels between their storylines—and their characters—do you see?

5. What changes did you see in both women throughout the novel? What moments would you say sparked the biggest changes in Kailee and in Heather?

6. *All the Days of Summer* has two families at its core: Heather’s (the Willettes) and Kailee’s (the Essexes). How are they similar and how are they different?

7. At the beginning of the novel, Heather is in a stable (even if loveless) marriage, in a home that she loves—but bravely decides that she wants more from her life. Have you ever pushed yourself to leave a comfortable situation in the hope for something better? Were you pleased you did?

8. Which scene in the book resonated with you the most?

9. What role do side characters play in Heather’s journey on Nantucket?

10. What did you think of the book’s ending? Do you think the author intended for there to be any emotional takeaway from this novel? If so, what do you think it was?